***The list of practical skills of the 2nd year medical students***

***Practical training «Medical nurse (ward nurse) assistant»***

*Student (full name):*

*Сourse (year of study):*

*Group:*

*Hospital (country, city, hospital, address)*

*Duration of practice: from 20 till 20*

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| SKILLS |  | | Date (20 days) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | Total |
|  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | | |  |  |
| 1. Know the responsibilities of the nurse. Duties of the ward nurse in a variety of specialized departments. Knowledge of the guiding documents. |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | | |  |  |
| 1. Fill out passport information in the case history, filling of medical records (at the admission department, the therapeutic department, surgical department). |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | | |  |  |
| 1. Conduct sanitary treatment of the patients (washing the patients). |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | | |  |  |
| 1. Сare of the skin, hair, nails, ears, eyes, nose and oral cavity. |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | | |  |  |
| 1. Transport of hospitalised patients. Shifting the patient to the functional bed. |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | |  |
| 1. Preparation of a functional hospital bed and other devices with the aim of setting a comfortable position for the patient (forced position in various diseases of the internal organs). |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | |  |
| 1. Changing of the underwear and the bedding. |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | |  |
| 1. Prophylactics of the bedsores. Assessment of the risk of developing bedsores by the Norton and Waterlow scores. |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | |  |
| 1. Feeding the patients. Explanation of the characteristics and peculiarities of the diet. Care for active, passive and artificial feeding. |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | |  |
| 1. Control of the sanitary state, visits and parcels of the patients. |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | |  |
| 1. Giving the bedpan, urinal. Sanitization of the bedpan, urinal. |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | |  |
| 1. Preparation of the instruments for the urinary bladder catheterization (presence, assisting in urinary bladder catheterization). |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | |  |
| 1. Collection of the specimen for blood, urine, sputum and stool analysis. |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | |  |
| SKILLS | Date (20 days) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | Total |
|  |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | | |  |
| 1. Observation of the appearance, patient’s state: checking the pulse, counting the respiratory and heart rate, measuring the blood pressure (completed temperature/graphic chats). |  |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | | |  |
| 1. Preparing the equipment for the oxygen therapy. Assisting. |  |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | | |  |
| 1. Taking temperature (completed temperature/graphic chats). |  |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | | |  |
| 1. Measuring the height, weight, and chest circumference.   Calculation anthropometric indexes. |  |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | | |  |
| 1. Preparation and use hot and cold simplest physiotherapeutic procedures. |  |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | | |  |
| 1. External application of medicines. Dripping droplets into the eyes, ears and nose. Cutaneous application. Administration of the drug into the vagina. |  |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | | |  |
| 1. Enteral administration of drugs (oral, rectum, sublingual, buccal). Collection of medications and distribution of those, to be taken for internal use. |  |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | | |  |
| 1. Preparation for parenteral administration of drugs (procedural room, instruments, hands, injection zone). |  |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | | |  |
| 1. Intradermal injections. |  |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | | |  |
| 1. Subcutaneous injections. |  |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | | |  |
| 1. Intramuscular injections. |  |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | | |  |
| 1. Application of the tourniquet. Intravenous injection and drop infusion. Assisting. |  |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | | |  |
| 1. Assisting in the blood transfusion. |  |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | | |  |
| 1. Preparation of the patients for ultrasound and X-Ray examination of the internal organs. |  |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | | |  |
| 1. Performing of medicines and diagnostics enemas. |  |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | | |  |
| 1. Preparing the equipment for the gastric probe. Assisting. |  |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | | |  |
| 1. Preparing the equipment for the duodenal probe. Assisting. |  |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | | |  |
| 1. Preparing the equipment for the rectal gas tube. Assisting. |  |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | | |  |
| 1. Washing out of the stomach. Assisting. |  |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | | |  |
| 1. Bandaging. |  |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | | |  |
| 1. Emergency medical care in the pathology of the respiratory system. |  |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | | |  |
| 1. Emergency medical care in the pathology of the cardiovascular system. |  |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | | |  |
| 1. Emergency medical care in the pathology of the digestive system. |  |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | | |  |
| 1. Emergency medical care in the pathology of the urinary system. |  |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | | |  |
| 1. First aid for patients with stomach, nasal, intestinal and pulmonary bleeding |  |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | | |  |
| 1. Observation and fixation of the excited patients |  |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | | |  |
| 1. Attending the conference. |  |  |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | |  | | |  | | |  | | |  | | |  |

*Characteristic of student (filled in by the supervising medical staff of the department): ………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………….………..…………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………*

*Chief of the hospital (signature and stamp of the hospital/official seal):*

*Date:*

*Examination in the supervising department*

*Full name, rank, scientific degree of the teacher:*

*Teacher’s signature:*

*Mark:*

*Date:*