



КУРСКИЙ ГОСУДАРСТВЕННЫЙ
МЕДИЦИНСКИЙ УНИВЕРСИТЕТ
KURSK STATE MEDICAL UNIVERSITY

Federal State Budgetary Educational Establishment of Higher Education
«Kursk State Medical University»
Of the Ministry of Health of the Russian Federation

INFORMATION LETTER

on holding the V scientific-theoretical conference with international participation

«Tea in Historical, Cultural and Medical Aspects»

(Kursk, December 15, 2026)

Kursk State Medical University conducts the V scientific-theoretical conference with international participation «Tea in Historical, Cultural and Medical Aspects».

Teachers and students of universities, researchers of scientific, educational, medical institutions, libraries are invited to participate in the conference.

Goals and objectives of the conference: popularization of tea properties, its history and cultural significance; revival of the traditions of Russian tea drinking; cultural exchange between representatives of different countries; strengthening of interethnic friendly relations.

The conference program provides a plenary session and works in parallel sections, round tables.

The work in the sections is planned to be organized in the following areas (topics):

- Biochemical properties of tea
- Pharmacological peculiarities of compatibility of tea with drugs
- The role of tea in prevention and treatment of diseases
- Organoleptic evaluation of tea quality
- Tea Traditions: Historical and Cultural Aspects
- Tea ceremonies of different peoples
- Reflection of Tea Traditions in Art and Literature
- Tea cultural identity as a way of intercultural dialogue
- Ethnolinguistic aspect of tea terminology in contemporary culture

The conference will be held on **December 15, 2026**. Start time: **10:00** a.m. (AM Moscow)

The working languages of the conference are Russian, English, Chinese.

Format: hybrid (in-person/remote format with broadcasting via Yandex Telemost).

Conditions for participation in the conference

Forms of participation in the conference: 1) the report (in-person or distantly, video recording is possible) (not more than 10 minutes); 2) publication in the conference proceedings; 3) as a listener (in-person or online).

Requirements for the design of publications (*Appendix 1*).

Articles and abstracts of individual reports will be published in a collection of proceedings (with an assigned ISBN), followed by placement in the scientific electronic library eLIBRARY.RU and upload to the RSCI.

Contact details:

E-mail: libkgmuforum@mail.ru

Phone number: (4712)58-89-63

Respectfully,
Conference Organizing Committee

ARTICLE SUBMISSION REQUIREMENTS

1. General Requirements

- 1.1. Only original articles are accepted, which were not previously published, corresponding to the announced conference track.
- 1.2. Works, having less than 70 % text originality within “Antiplagiat” system (without heading and List of References) will not be accepted.
- 1.3. Materials are submitted in Russian / English languages in electronic form, Microsoft Word format. *For articles in English, it is desirable to provide information about the authors and an abstract in Russian.*
- 1.4. The abstract, providing insights into the article, must be presented. The abstract length should be no more than 800 symbols (spaces included).
- 1.5. The length of the material together with the abstract, pictures, annexes and etc. must be no more than 10 pages.

2. Submission Requirements to the Main Part of the Article

- 2.1. Paper format – A4 (210x297), orientation – portrait;
- 2.2. Margins – 2 cm from all sides;
- 2.3. Font Times New Roman, font size of the main text 14 pt;
- 2.4. First line indent – 1,25 cm, line spacing – one-and-a-half (1,5);
- 2.5. Text alignment by page width;
- 2.6. It is allowed to use tables, pictures (diagrams as well);
- 2.7. The text does NOT allow hyphens for automatic hyphenation of words, page numbering, use of page/section breaks, use of sparse or condensed letter spacing;
- 2.8. It is allowed to use contractions only after mentioning the full variant of a term;
- 2.9. Units of measurement are given in accordance SI system.

3. Article Heading Submission Requirements

- 3.1. The article title is placed at the top center of the page, printed with upper case (capital letters) of semi-bold type, without hyphenation, without dot at the end.
- 3.2. Surnames of authors are placed under the article title. First letter is capital, other letters are small, printed in bold italics. In the list of authors the surname is pointed first then the initials.

- 3.3. Work place of authors (name of the organization, town/city, country) is placed under the surnames of authors and printed in italics. Name of a subdivision/department is placed under the name of the organization and printed in semi-bold type.
- 3.4. A supervisor (if any) is placed below, printed in semi-bold type; after “dash” (–) the degree (in abbreviated form) and academic rank are pointed, then surname and initials of the supervisor are specified.
- 3.5. All items of the article heading are centered without the indent.

ARTICLE HEADING SUBMISSION EXAMPLE

INTERACTION OF TEA WITH MEDICINES

Vanina A. A.

FSBEI HE "Kursk State Medical University"

Ministry of Health of Russia, Kursk, Russia

Department of Pharmacology

Scientific adviser – Doctor of Medical Sciences ***Professor Mal G. S***

4. Requirements for the presentation of the reference list

- 4.1. The references are placed at the end of the article and are executed in accordance with GOST R 7.0.5-2008 and GOST R 7.0.108-2022. Sources are listed in alphabetical order (first the works of Russian authors, then foreign authors).
- 4.2. The list of references heading consists of the following words «REFERENCES», centered, without dot. The font size of the list of references heading – 12 pt.
- 4.3. The list of references is separated with an empty line from the body text.
- 4.4. The list of references must contain no less than 2 and no more than 10 sources.
- 4.5. Links for the works, included in the list of references, should be given in the article body text within square brackets [1, 5, 8].
- 4.6. The font size of the list of references (pins) is 12 pt.

List of references examples:

- 1) For the health of the heart and blood vessels: all about the benefits and harms of karkade // RIA Novosti: [website]. – URL: <https://ria.ru/20210923/karkade-1751525665.html>. – Date of publication: 23.09.2021.

- 2) Karomatov I. D., Faizullaeva F. U. Tea is a therapeutic and prophylactic agent // Biology and integrative medicine. – 2019. – No. 2. – P. 193–227.
- 3) Severin A. P. The role of phytotherapy in increasing the protective forces of the organism // Globus : electronic scientific journal : [website]. – URL: <https://globusscience.ru/Archive/DOI/Severin.pdf> (accessed 29.10.2021)
- 4) Telenkova N. A. Healing properties of tea. – Moscow : Rugram, 2017. – 194 p.

IT IS IMPORTANT: hyphen is a short dash (-), it is printed without spaces, dash is longer (–), it is printed in the following way: press Ctrl + minus on a digit keyboard (on the right side), it is printed with spaces, except the indication of negative numbers and digit ranges (ex: –8, 10–12).

Hyphen must differ from the dash. Dash and quotation marks must be the same in the whole text.

Attention!

Authors of articles are fully responsible for completeness and authenticity of the works of reference.